Tent Hill Lower State School  
Growing beautiful futures in the valley of opportunities! 
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Don’t forget to visit our new website : www.tenthllwss.eq.edu.au

Calendar of Events

SEPTEMBER
20 Sausage Sizzle  
20 Netball/Soccer carnival

OCTOBER
08 (Tues) Term 3 begins  
24 Swimming Starts  
25 Yr 3 & 4 Excursion

P&C Association  
Tuesday 8th October  
3.30PM  
All Welcome

Happy Birthday
05 Shannon Meier  
07 Riely Black  
10 Danny Hamblin  
15 Aimee Kerwick

Note from the Principal, Mrs Kowitz …

Reporting…
Term 3 has drawn to a close and I’m sure that both students, staff and parents will enjoy a well earned rest. We would like to thank those parents who attended parent teacher interviews over the last two weeks as part of our reporting program. Early in Term 4, Year 3.5&7 NAPLAN reports will be available to parents. The early release of data to schools indicates that the majority of our students have scored above the National Minimum benchmarks, which reflects the excellent being done by our teachers. However this is still just a single, point in time test, that should only be considered in light of a range of other assessments completed by the students.

Staff news…
Next term, the school will be employing Mrs Tessier as an additional teacher to work in a support role across the school. This will be for three days a week. Mrs Lund will also be on Long service leave for the first three weeks of term. Mrs Natalier will be handling general office enquiries while she is away.

2014 Enrolments …
Next term, we will be taking enrolments for 2014. we are planning two Open Days for new Prep students. If you know of anyone who wishes to attend, please let them know this is coming up soon.

Have fun, stay safe and Get Ready during the school holidays…
Have a safe and enjoyable holiday everyone. We look forward to seeing you all for the start of Term 4 on Tuesday 8 October. With the summer storm/cyclone and bushfire season on its way Queensland’s Get Ready Week on 14–20 October will encourage people to be prepared before extreme weather or a natural disaster strikes. Over the holidays, families can work through a checklist to help them get ready and ensure everyone knows what to do. Information and resources are available from http://www.disaster.qld.gov.au/

Around the Classrooms ..
Prep—Yr 2 (Mrs Forbes)  
P/1/2 really enjoyed their trip to Sea World. It was a long, fun and exciting day. This week the students have done a fantastic job of reciting their poems. We have also been learning our 2, 3, 5 and 10 times tables!
Yrs 3/4 (Mrs Peach)  
We have been working really hard all term and the students have produced some great work. Well done!  
Poetry has been a big focus of this term and the students are proving to be budding poets. Watch out for our poetry recital at the end of year concert.
Yrs 5/6/7 (Mrs Kowitz/Mrs Martin)  
In English, we have been learning about the QAR comprehension strategy. QAR stands for Question-Answer-Relationships. We have been learning that there are four different question types that require different skills to find the answers. Sometimes we need to use our prior experience in conjunction to the author’s clues in the text. There are also some question types that require a personal response, which we use our imagination to answer. These are called inferential questions.
This fortnight’s positive learning expectation is:
‘Be a good friend’

Tent Hill Lower is a School Wide Positive Behaviour school!

At Tent Hill Lower we reward our students who have demonstrated ongoing positive behaviours.

**SCHOOL NEWS…**

**End of term Activities**
The P&C will hold a free sausage sizzle on Friday lunchtime for all students.

Friday is also our Rewards Day for students who are on ‘Green’ behaviour level. There will be a choice of 2 animated movies, one of which is PG rated (Escape from Planet Earth). Please advise the school if you do not wish your child to see this movie so they can be directed to the G rated movie (Adventures in Zambezia).

**Term 4**
School resumes on Tuesday October 8.
There also is a pupil free day on Monday 21st October. This is the only pupil free day where parents will need to make alternative arrangements for their children.

**School Watch**
Parents and students can help take care of our school by reporting any suspicious after-hours activity to School Watch on 13 17 88. By keeping an eye out we can work together to create a safer school community and help to reduce vandalism, theft and arson in our school.

If you see something suspicious, please don’t intervene. Call the School Watch number and let the local police or State Government Protective Security Service deal with the matter.

**Yrs 3 & 4 Excursion**
Yrs 3&4 will be going on an excursion to The QLD museum and Science Centre on Friday 25th October. Costs will be $15.00 each. Permission notes will be sent home next term. Students will need to bring their own lunch and drink bottle, and wear their school uniform. This excursion has Swimming
At this stage swimming is commence on Thursday October 24. Our swimming times are 1.15pm to 2.15pm. Swimming will run for 5 weeks at a cost of $20 per child for the 5 weeks. Thank you to the P & C for their assistance with the cost of swimming for next term.

Student stationary items
Lots of students are running out of some basic classroom supplies. Could you please check with your child if they require any new pencils, exercise books, rubbers, whiteboard pens, highlighters, glue etc. The teachers would appreciate it if all items are also clearly named.

**FROM OUR CHAPPIE…**

Parents are people too!
Understanding how stress affects us as parents:

The stresses of modern life affect us and frequently our decision making as adults and parents. Sometimes we react in ways that we feel bad about when we think about it later.

I know when my children were young I was so focussed on doing the things that had to be done - chores at home, work, getting the kids to their various activities on time... the list seemed to be insurmountable. Yep, I sure did get stressed! I know too that I made some terrible decisions and reacted in ways that I normally wouldn't when I felt like I just wasn't coping. We all experience these times. After I would berate myself for being such a bad parent; why couldn't I do a better job like my friends?

It was only after I finally started talking to my friends I realised they were thinking the same thing!

It's hard to parent well when we are stressed - being calm is one of the most important ways we can do our best job as parents.

What are the ways you are more effective as a parent when you are calm compared to when you are stressed?

What do you do when you are feeling stressed to help yourself relax and feel more calm?

Perhaps you could try one of these ways to relax:
deep breathing - meditate - take a walk - sing along with a song - dance - take a bath - exercise - take a few minutes to yourself somewhere - talk with a friend - punch a bag or a pillow - visualise a relaxing scene - read the newspaper - watch a movie or TV show

It’s normal to feel stressed some of the time. The important thing is to have ways to relax and feel calm when we want or need to.

*Adapted from Resourceful Adolescent Parent Program, Ian Shochet, Sue Osgarby and Carmel Dyer. QUT, Brisbane, 2002.*

**Buddy of the week**
Congratulations to the following students who won a Buddy of the Week award for co-operative playground behaviours.
Congratulations to all of the students who have made good behaviour choices in the Playground over the last two weeks as per the photographs below.

Yrs 5-7 winners

Outstanding behaviour awards for the whole of Term 3 were presented to the students this week as per the photo. Well done to these students!

Parenting Corner……..

Some parents in years gone by wore the label of ‘strict’ parent like a badge of honour! It signified parents who were willing to stand their ground with kids. Strictness was reserved for parents who put boundaries in place and made sure they were adhered to, such as being home on time, or not watching too much TV.

There’s a now a NEW definition for a ‘strict’ parent. A ‘strict’ parent is now someone who makes children do things for themselves and also insists they help at home. They insist their children put their dirty clothes in the laundry. They insist kids make their own lunches in secondary school, and maybe even wash their own clothes. A ‘strict’ parent is one who insists kids set the meal-table without giving them a cent in return.

‘Strict’ now refers to getting kids to help rather than placing restrictions on them. There is nothing revolutionary about this idea. It’s been the aim of parents since the dawn of time. That means we spend a lot of time teaching kids self-help skills (now known as life skills), which are the ordinary gist of life.

These include teaching young children to tie their shoelaces; helping primary-aged to ask for what they want from adults; and coaching teenagers to negotiate their way safely on public transport as well as problem-solve relational issues they may have with peers at school.

These are not the activities of ‘strict’ parents. Rather they are the activities of parents who understand one of their key roles is to equip kids to stand on their own two feet in the world outside the family home.

BUT the best place to do this is within the family. And the best time to start developing independence is from a young age…………when developmentally kids are up for it!

Don’t wait until your children are 18 to develop help-skills. If you introduce self-help then, my bet is they won’t think you are strict…………they’ll think you’ve been a soft touch all along and they’ll now battle you all the way!
The Class Excursion To Sea World

On Friday the whole class and I went to Sea World. When we got there we had morning tea. We went to the touch pool and there were star fish and sea cucumbers in the touch pool. Then we went to Shark Bay. We saw Dorothy the shark. After we went to see the Polar bears. The Polar Bears were funny. Then we went to pat the stingrays. After we went to the Dolphin Show and finally we went on some rides and saw the Penguins and Dinosaur island and then the Sea Lion show and the Sponge Bob Show. I had a fantastic Day!!! Ilsa

Year 3/4 have been busy learning how to write poetry. Today they came to teach P/1/2 how to write poetry too.

P/1/2

Clayton and Ilsa, Bly and Lucy ate some fruit that was nice and juicy.

David and Izac, Aydan and Noah went to a zoo and saw a boa.

Riley and Liam, Riley and Nick went to the circus to see a trick.

Aimee and Caleb, Abbey and Jack went to Maccas and bought a big mac.

Haylee and Max, Lachlan and BJ went to a party and heard a DJ.

Patrick and Angel, Miss Forbes and Mr Tapper went to a concert and saw a rapper

3/4

Ryan and Luke, Danny and Dennis went outside and played some tennis

Kiara and Callum, and Max ate some honeycomb full of wax

Josie and Chyane, Riely and Shay couldn’t find a bed so they slept in the hay

Jasmine and Tristan, Tiara and James cooked their marshmallows on the flames

Billie and Ashley, Keely and De went in a forest and climbed the tree

Joey, Elijah and Tait went to go fishing but forgot the bait

Ryan and Miss Daw, Mrs Natalier and Mrs Peach got sick of school and went to the beach!

Have a great holiday everyone!