From the Principal...

What a fantastic week this been! First we receive the good news about our excellent NAPLAN results and to top it all off our school has won first place at this year’s Caffey Small Schools sports. Our two age champions—Tait Zischke (11yrs Boy) and David Kilah (10yrs boy) are to be commended for their outstanding performances. However, it was the combined efforts from all of our students that made the day so successful. I would like to congratulate the students for their positive attitudes and great sportsmanship over the two days of the carnival. Behaviour was exemplary. It is always nice to receive feedback from other schools and teachers, who expressed to me, how nice our students were to work with during events. So congratulations students for making your parents and your school proud. A big thank you to our very supportive school community who also came and cheered the students along at Ropehill yesterday.

NAPLAN

It is always exciting to share good news about our academic improvement agenda at the school. This year’s NAPLAN results are some of the best we have seen. While nearly all students made the national minimum standard, the most noticeable improvement has been in the number of students who have reached the Upper 2 bands. This means that we have many students who are achieving at levels that exceed the state and national average as follows

- In Reading - 50% of students reached the 2 highest levels
- In Writing—31% reached the 2 highest levels
- In Spelling—31% reached the 2 highest levels
- In Grammar & Punctuation—63% reached the 2 highest levels
- In Numeracy—31% reached the 2 highest levels.

Congratulations to the students for their efforts. A big shout out to all of the Teachers and Teacher Aides who work so hard to ensure the best learning outcomes for all students. Tent Hill Lower is a great place to be!

School Mobile
0475832584

Also absentee hotline
Parents must provide a reason if their child is absent. New EQ policy requires the school to contact parents if this has not occurred.

Calendar of Events

August
17 Tuckshop
19 Prep Open Day
26 Book Week Dress-up
31 Father’s Day breakfast

Our school newsletter is published every fortnight and also available on our school website.

P&C Association
Monthly Meeting
Tuesday 13th September
School library
3.30PM
All Welcome
This fortnight’s positive learning expectation is:

Wk 5: In the playground we; play safely; follow game rules; care for equipment
Wk 6: in the library we; walk; keep hands and feet to selves; be calm

Tent Hill Lower is a Positive Behaviour for Learning School!

At Tent Hill Lower we reward our students who have demonstrated ongoing positive behaviours.

Participation in extra curricular activities and leadership positions are dependent on maintaining good behaviours.

SCHOOL NEWS...

2017 Enrolments
We are currently taking enrolments for next year. Please pass this information on to anyone that may have a child starting school soon. Our first Prep Open Day is on Friday 19th August, 9:00am to 11am.

Retirement of the bell
We have officially retired our beloved old school bell. We have now moved to a new electronic bell system this week. It allows us to use clearly audible fire and lock-down warnings across the entire school to improve safety in emergency situations.

The daily bell can be changed periodically to either a song or sound of our choice.

P&C News.....
Strawberry stall
A big thank you to our show stall helpers, an extra thanks to those who did more than expected (extra shifts/waking around for extra sales). We couldn’t have done it without your help!

Uniforms
We have spray jackets available on hand should you require one. please contact Gemma for your uniform needs. 0417749346

Tuckshop
Reminder to have your orders in Monday morning at the latest, thank you.

Meat tray raffles
Our next meat tray raffles are on Friday 19th August. Helpers are needed.

BUDS AWARDS
Rainbow Warriors

Week 3

Bookweek
Each year, across Australia, The CBCA brings children and books together to celebrate Children’s Book Week. This year’s theme is Australia: Story Country. For dress-up ideas see our parent notice board in the library.

Personal Belongings
A reminder to parents that all student’s personal belongings (jumpers, hats, lunchboxes etc.) should be clearly named. It makes it whole lot easier to return lost items to the correct owner.

Congratulations to Tristan for his 3rd place title for the 10-13 years in horse riding at the EKKA.

2017 Enrolments
We are currently taking enrolments for next year. Please pass this information on to anyone that may have a child starting school soon. Our first Prep Open Day is on Friday 19th August, 9:00am to 11am.

Retirement of the bell
We have officially retired our beloved old school bell. We have now moved to a new electronic bell system this week. It allows us to use clearly audible fire and lock-down warnings across the entire school to improve safety in emergency situations.

The daily bell can be changed periodically to either a song or sound of our choice.

P&C News.....
Strawberry stall
A big thank you to our show stall helpers, an extra thanks to those who did more than expected (extra shifts/waking around for extra sales). We couldn’t have done it without your help!

Uniforms
We have spray jackets available on hand should you require one. please contact Gemma for your uniform needs. 0417749346

Tuckshop
Reminder to have your orders in Monday morning at the latest, thank you.

Meat tray raffles
Our next meat tray raffles are on Friday 19th August. Helpers are needed.

Bookweek
Each year, across Australia, The CBCA brings children and books together to celebrate Children’s Book Week. This year’s theme is Australia: Story Country. For dress-up ideas see our parent notice board in the library.

Personal Belongings
A reminder to parents that all student’s personal belongings (jumpers, hats, lunchboxes etc.) should be clearly named. It makes it whole lot easier to return lost items to the correct owner.

Congratulations to Tristan for his 3rd place title for the 10-13 years in horse riding at the EKKA.

2017 Enrolments
We are currently taking enrolments for next year. Please pass this information on to anyone that may have a child starting school soon. Our first Prep Open Day is on Friday 19th August, 9:00am to 11am.

Retirement of the bell
We have officially retired our beloved old school bell. We have now moved to a new electronic bell system this week. It allows us to use clearly audible fire and lock-down warnings across the entire school to improve safety in emergency situations.

The daily bell can be changed periodically to either a song or sound of our choice.

P&C News.....
Strawberry stall
A big thank you to our show stall helpers, an extra thanks to those who did more than expected (extra shifts/waking around for extra sales). We couldn’t have done it without your help!

Uniforms
We have spray jackets available on hand should you require one. please contact Gemma for your uniform needs. 0417749346

Tuckshop
Reminder to have your orders in Monday morning at the latest, thank you.

Meat tray raffles
Our next meat tray raffles are on Friday 19th August. Helpers are needed.

Bookweek
Each year, across Australia, The CBCA brings children and books together to celebrate Children’s Book Week. This year’s theme is Australia: Story Country. For dress-up ideas see our parent notice board in the library.

Personal Belongings
A reminder to parents that all student’s personal belongings (jumpers, hats, lunchboxes etc.) should be clearly named. It makes it whole lot easier to return lost items to the correct owner.

Congratulations to Tristan for his 3rd place title for the 10-13 years in horse riding at the EKKA.
Parenting Tips....

Make bedtime easy, naturally

We know that sleep is one of the building blocks of mental health and wellbeing. Many children and just about all teenagers are sleep-deprived at the moment. Many parents are sleep-deprived as well! Children need between 10 and 12 hours' sleep to enable proper growth and development, while teenagers need a minimum of nine hours. One of the single most powerful strategies to improve kids' abilities to cope with stressful or changing situations is to ensure they get enough sleep.

Here's 10 tips for helping children sleep from Sherene Alfreds, developer of Dinosnores Sleepy Stories:

1. Have a regular bedtime.
2. Make the bedroom comfortable dark place to sleep, with no television or other electronic devices
3. Have a regular calming bedtime routine.
4. Avoid the "I can't sleep" argument. Ask children to "lie down and rest their bodies" instead of telling them to "go to sleep".
5. Avoid TV, computer or electronic games after dinner, they have all been found to make sleep more difficult.
6. Get the kids out exercising in the day to help them sleep at night.
7. Avoid caffeine and sugar saturated foods.
8. Consider dropping daytime naps as your child gets older.
9. Talk to your doctor to rule out medical causes of sleep difficulties
10. During the holidays, anticipate some disruption at bedtime if you are changing your family routine.

And give yourselves and your children permission to find bedtime challenging. An enormous 30-40% of young and school-aged children have sleeping difficulties. It takes time to develop a bedtime routine - so be kind to yourself and your kids.

---

**SPORTS DAY**

Super Sensational
Perfect Proud Parents
Okatoka Okatoka Okatoka
Running Races and Relays at Ropehill
Terrific Tent Hill Tries To win Trophies
School kids Show Sportsmanship

Do our best all Day
Awesome Athletic Activities
“Yay” Yelled Youngsters

By years 2/3/4

---

Caffey sports was yesterday. Yesterday our school went to Caffey sports. First we watched the 200m and then we run the 60m and I came 3rd and I came 4th. It was Talitha’s birthday and her mum came and we got cupcakes. Then we played games and my favourite games was dogs and bones. Last we had relays and I had to help. I HAD A GOOD DAY.

By Cody Graffunder